

ACL

FREE!



Avoidant Restrictive Food Intake Disorder (ARFID)

What you'll learn:

- What ARFID is and how it differs from other eating disorders
- How ARFID often links to neurodiversity
- Practical insights into day-to-day living with ARFID
- Strategies to support your child or young person with ARFID



Date: Thursday 26 June 2025



Time: 6:30 PM – 8:30 PM



Location: Online (Live via Microsoft Teams)



Cost: FREE

Sign up today and make a positive impact on your child's life!

Visit our website [aclessex.com](https://www.aclessex.com) and type 'ARFID' in to the 'Find a course...' box

COMMUNITY &
FAMILY LEARNING



Essex County Council